

I'm a benefit to myself & others...



Below list the benefits (for you and others) that come from the qualities you wrote on your love letter.

Remember these qualities and their benefit on those days where you forget how awesome you are.

The quality _____ has benefited me because:

The quality _____ has benefited me because:

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The quality _____ has benefited me because:

The quality _____ has benefited me because:
